

Killington Area

Long Trail and Appalachian Trail Hiker Services

Vt. 140 to Thundering Brook Road at Mountain Meadows Lodge



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Links:

www.appalachiantrail.org

www.greenmountainclub.org

www.gmckillington.org

[Downtown Rutland Map](#)

[U.S. Rte 4 Map](#)

[Rutland Town Map](#)

Post Offices

Wallingford—ZIP code 05773; located on U.S. 7; M-F 8-4:30, Sa 9-12;

[\(802\) 446-2140](tel:8024462140)

North Clarendon—ZIP code 05759; located at 47 Moulton Ave.; M-F 8-1, 2-4:30, Sa 8-10; [\(802\) 773-7893](tel:8027737893)

Cuttingsville—ZIP code 05738; located at 5446 Vt Rte 103; M-F 7:30-10:30, 11:30-2:30, Sa 8-11; [\(802\) 492-3585](tel:8024923585)

Rutland—ZIP code 05701; located at 151 West St.; M-F 8-5, Sa 8-12; [\(802\) 773-0301](tel:8027730301)

Killington—ZIP code 05751; located at 2046 U.S. Rte. 4; M-F 8:30-11, 12-4:30, Sa 8:30-12; [\(802\) 775-4247](tel:8027754247)

Designated Hiker Parking Lots:

Due to the possible risk of vandalism, the parking areas in this section are not recommended for long term use.

Wallingford **Vt. 140**

East—2.8 miles of Wallingford on U.S.7

West—3.3 miles of East Wallingford on Vt. 103

[GPS 43.457047, -72.932488](#)

North Clarendon—**Vt. 103**

East—2.3 miles of U.S.7

West—3.4 miles of Cuttingsville, P.O. on Vt. 103

[GPS 43.457047, -72.932488](#)

Killington **U.S. 4**

East—8.3 miles of U.S. 7

West—0.9 of the Inn at Long Trail at Sherburne Pass

[GPS 43.666331, -72.849169](#)

Vt. 100 at the Kent Pond Boat Access Parking south of Gifford Woods State Park entrance.

East— 0.5 of U.S. 4

West—7.4 miles of Pittsfield, Vt.

[GPS 43.673930, -72.809089](#)

River Road at Thundering Brook Falls

East— 1.6 miles to U.S. 4

West—2.4 miles to Vt. 100

[GPS 43.680670, -72.82179](#)

Transportation

Wallingford [The Bus, \(802\) 773-3244,](#)

\$2 on the [Rutland to Manchester Route](#), M-Sa

[VT Translines, \(844\) 888-7267](#)

on the Burlington to Albany Route, seven days a week.

North Clarendon—[The Bus, \(802\) 773-3244](#)

\$1 on the [Rutland to Ludlow/Bellows Falls Route](#), M-F

Rutland Regional Airport daily flights to/from Boston
on [Cape Air, \(800\) 227-3247](#)

Rutland

Roy's Taxi [\(802\) 683-0018](#); Catamount Taxi [\(802\) 236-0282](#)

[Amtrak, \(800\) 872-7245](#), train service to
New York City Penn Station on the Ethan Allen Express

[The Bus, \(802\) 773-3244](#), 50¢, M–Sa
North, South, West and Hospital Routes

[VT Translines, \(844\) 888-7267](#)
Rutland to [Greyhound](#) in White River Jct. to [Dartmouth
Coach](#) in Hanover, N.H.; Burlington to Albany along the US
Rte. 7 corridor, seven days a week.

Killington—Killington Taxi [\(802\) 442-9718](#); Gramps Shuttle [\(802\) 236-6600](#)

[The Bus, \(802\) 773-3244](#),
on the [Diamond Express Route](#), \$2, M–Su

[VT Translines, \(844\) 888-7267](#)
on the Rutland to White River Jct.—Hanover, NH Route,
seven days a week.

Showers and Laundry

Rutland [Hikers Hostel at the Yellow Deli](#) (Twelve Tribes), 23 Center
St., open 7 days a week, [\(802\) 683-9378](#) or [\(802\) 775-9800](#)

Laundromats

Rutland Clothes Basket, 10 N Main St., [\(802\) 775-9775](#)
Wash Bucklers, 147 State St., [\(802\) 775-9898](#)

Clothing and Equipment, Stove Fuel

Wallingford Family Dollar has dry gas

North Clarendon—Loretta’s Good Food Deli has dry gas
638 Vt. 103, [\(802\) 772-7638](tel:8027727638)

Rutland [Mountain Travelers](tel:8027750814)— 47 US Route 4 East, [\(802\) 775-0814](tel:8027750814)
[Dicks Sporting Goods](tel:8027732710)—320 US 7 South, [\(802\) 773-2710](tel:8027732710)
Walmart—Rutland Shopping Plaza, [\(802\) 773-0200](tel:8027730200)

Killington [Base Camp Outfitters](tel:8027750166)—2363 US Route 4, [\(802\) 775-0166](tel:8027750166)

Groceries

Wallingford Family Dollar; Cumberland Farms; Citgo Smart Shop

North Clarendon—Loretta’s Good Food Deli, 638 Vt. 103, [\(802\) 772-7638](tel:8027727638)

Shrewsbury [Co-op at Pierce’s Store](tel:8024923366), 2658 Northam Rd, [\(802\) 492-3366](tel:8024923366)

Rutland
On U.S. 7 Hannaford, 318 S. Main St., [\(802\) 775-8900](tel:8027758900)
Top’s Market, 12 Main St., [\(802\) 775-6986](tel:8027756986)

Rutland Shopping Plaza Downtown —Price Chopper [\(802\) 747-7880](tel:8027477880)
Walmart [\(802\) 773-0200](tel:8027730200)

Food Co-op, 77 Wales St., [\(802\) 773-0737](tel:8027730737)

Killington Killington Market and Deli near P.O., [\(802\) 775-1599](tel:8027751599)

Delis and Restaurants

Wallingford Sal’s South, 15 S Main St. [\(802\) 446-2935](tel:8024462935), daily 12-9, Italian
Victorian Inn Pub, 55 N Main St., [\(802\) 446-2099](tel:8024462099),
closed M, Tu-Su 10-2 and 5:30-9

North Clarendon
Loretta’s Good Food Deli, 638 Vt. 103, [\(802\) 772-7638](tel:8027727638),
take-out breakfast, deli sandwiches and salads, M-F 6-7,
Sa 10-5;

[The Hangar Café](#), 1002 Airport Rd, (802) 770-1855 daily 6am-2pm, breakfast and lunch

Rutland

Wendy's, Burger King, McDonald's, KFC, Taco Bell
[Roots](#), 51 Wales St., (802) 747-7414, farm to table menu
[Table 24](#), 24 Wales St., (802) 775-2424, upscale comfort fare
[Ground Round](#), 559 US 7 S, (802) 773-2828, open 11am
[Denny's](#) 361 US 7 S (802) 775-3333, open 24 hrs
[99 Restaurant](#) 288 US 7 S, (802) 775-9288, open 11-10
[Friendly's](#) 288 S Main St., (802) 773-6293, open 7-10
[Panera Bread](#) 241 S Main St., (802) 773-2933, open 6-9
[Vermont Tap House](#) 120 US 7 (802) 775-0000, pizza, open 11am

Lodging

Wallingford several Airbnb's

Rutland Downtown—[Hikers Hostel at Yellow Deli](#) 23 Center St., near transit center, (802) 683-9378 or (802) 775-9800

On U.S. 7 [Day's Inn](#), 401 US-7 South, (802) 282-4985
[Holiday Inn](#), 476 Holiday Dr., (802) 775-1911
[Hampton Inn](#), 47 Farrell Rd., (802) 773-9066
[Quality Inn](#), 253 S. Main St., (802) 773-3361

Allen Street [Comfort Inn Trolley Square](#), 19 Allen St., (802) 775-2200

On U.S. 4 [Best Western Inn & Suites](#); (802) 773-3200
[Mendon Mountain Orchards Motel](#); (802) 775-5477
[Vermont Inn](#); (802) 775-0708
[Mendon Mountain View Lodge](#); (802) 773-4311

Killington

Sherburne Pass [Inn at Long Trail](#); (802) 775-7181

On U.S. 4 near P.O —[Greenbrier Inn](#); (802) 775-1575
Killington Motel; (802) 773-9535

On A.T. at Kent Pond — [Mountain Meadows Lodge](#); [\(802\) 775-1010](#)

Camping

On A.T. — [Gifford Woods State Park](#), [\(802\) 775-5354](#), open mid-May to mid-October; shelters, cabins, limited primitive \$6 per person tent sites for A.T. hikers, coin showers, water spigot, ice cream and soda at office.

Medical Services

In an emergency call 911

Rutland Rutland Regional Medical Center
160 Allen St., [\(802\) 775-7111](#)

Clear Choice Urgent Care
173 S. Main St., [\(802\) 772-4165](#)

Pharmacies

Rutland Hannaford, Rite Aid, CVS, Price Chopper, Walmart, Walgreens

Public Computers

Wallingford Gilbert Hart Library
14 S Main St., [\(802\) 446-2685](#)
M, Th, F 10-5, W 10-8, Sa 9-12

North Clarendon—Bailey Memorial Library
111 Moulton Ave, [\(802\) 747-7743](#)
Tu, W, Th 11-4, Sa 9-12

Rutland Rutland Free Library
10 Court St., [\(802\) 773-1860](#)
M, Tu, W 10-9, Th F 10-5:30, Sa 10-5

Killington Sherburne Memorial Library
2998 River Rd., [\(802\) 422-9765](#),
M, F 10-5:30, Tu, Th 12-5:30, W 9-7, Sa 9-1

Religious Organizations

Wallingford First Baptist, 39 School St., [\(802\) 446-2020](tel:8024462020)
St Patrick's Catholic Church, 218 N Main St., [\(802\) 446-2161](tel:8024462161)

Wallingford Congregational Church 189 South Main St.,
[\(802\) 446-2817](tel:8024462817)

North Clarendon—Church of Jesus Christ of Latter-day Saints,
637 N Shrewsbury Rd., [\(802\) 773-8346](tel:8027738346)

The Brick Church, 298 Middle Rd., [\(802\) 773-3873](tel:8027733873)

Rutland Christ the King Catholic, 66 S Main St.; [\(802\) 773-6820](tel:8027736820)

St. Peter's, 134 Convent Ave.; [\(802\) 775-1994](tel:8027751994)

Grace Congregational United Church of Christ

Presbyterian, 8 Court St., [\(802\) 775-4301](tel:8027754301)

Trinity Church Episcopal, 85 West St., [\(802\) 775-4368](tel:8027754368)

Rutland Jewish Center, 96 Grove St., [\(802\) 773-3455](tel:8027733455)

Good Shepherd Lutheran Church, 6 Church Hill Rd.,
[\(802\) 773-9659](tel:8027739659)

Killington Lady of the Mountains Catholic, Old Rte. 4 [\(802\) 422-9440](tel:8024229440)

Banks

Wallingford **Community Bank**—ATM only—137 N Main St.

Rutland **Berkshire Bank**—20-22 West St., [\(802\) 773-5477](tel:8027735477)

Citizens Bank—47 Merchants Row, [\(802\) 775-0025](tel:8027750025)

Key Bank—80 West St., [\(802\) 773-0610](tel:8027730610)

Lake Sunapee Bank—100 Woodstock Ave. [\(802\) 773-9346](tel:8027739346)

Community Bank N.A.—286 US 7 S, [\(802\) 747-5000](tel:8027475000);

92 Woodstock Ave., [\(802\) 747-6984](tel:8027476984)

NBT Bank—122 West St., [\(802\) 747-6982](tel:8027476982)

Peoples United Bank—87 West St., [\(802\) 775-8500](tel:8027758500)

TD Bank—89 Merchants Row, [\(802\) 786-4160](tel:8027864160)

Killington **TD Bank**—ATM only—
2326 US 4 at junction with Killington Access Road